



**Carroll Occupational Health**  
 700-B Corporate Center Court, Suite A  
 Westminster, MD 21157  
**Appointments: 410-871-0470**

**Fax: 240-566-4729**

**Hours: Monday – Friday – 7:00am – 5:00pm**

**\*AUTHORIZATION FOR MEDICAL SERVICES MUST BE PRESENTED AT TIME OF SERVICE\***

COMPANY NAME <b>CC Volunteer Emer. Svc. Assoc</b>		
NAME OF STATION		EMPLOYEE'S NAME
I authorize to you to provide this employee with the medical attention indicated below. I further acknowledge my company's responsibility for the payment of services.		
AUTHORIZED BY (SIGNATURE)	DATE SIGNED	PRINTED NAME
TITLE	PHONE NO.	
_____ Work-Related Injury      Date of Injury: _____		<input type="checkbox"/> Paid <input type="checkbox"/> Volunteer
What Station was employee working/volunteering at when injury occurred? _____		
<input type="checkbox"/> ATR <input type="checkbox"/> HazMat <input type="checkbox"/> Fire Police <input type="checkbox"/> Dive Team <input type="checkbox"/> Driver		<input type="checkbox"/> Approved for Saturday Appt.
<b>PHYSICAL EXAMS</b> Check examination requested.		
_____	Initial Emergency Responder Physical	
_____	Annual Emergency Responder Physical	
_____	Fitness-For-Duty	
_____	Return-to-Work Urine Drug Screen 10 Panel Non-DOT	
_____	Requires DOT Physical	

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 700-B Corporate Center Court, Suite A  
 Westminster, MD 21157  
**Appointments – (410) 871-0470**

**Fax: 240-566-4729**

**CorpOHS Frederick**  
 490 L. Prospect Blvd  
 Frederick, MD 21701  
**Appointments – (240) 566-3001**

**Fax: 240-566-3003**

**Hours: Monday – Friday – 7:00am – 5:00pm**



### Parental Permission Form

I \_\_\_\_\_, parent/guardian of \_\_\_\_\_,  
a minor child, understand that in accordance with the Health and Wellness Physical standards of the Carroll County  
Volunteer Emergency Services Association, certain medical testing is required. I as parent/guardian of  
\_\_\_\_\_ grant permission for the following testing and treatment concerning the minor child:

Fire Department Physical	Yes	No
Blood Draw Analysis	Yes	No
Urine Analysis	Yes	No
Immunizations as needed	Yes	No
X-Ray	Yes	No
Other _____	Yes	No

I further consent to the disclosure to the Carroll County Volunteer Emergency Services Association of any doctor's  
opinions concerning fitness and testing results concerning the testing and treatment consented to above. This  
authorization for the disclosure of medical information is valid for a period of six months from the date of execution of  
this document.

Parent/Guardian \_\_\_\_\_  
Print  
\_\_\_\_\_  
Sign  
\_\_\_\_\_  
Date

Mailing Address \_\_\_\_\_  
\_\_\_\_\_

Telephone Number \_\_\_\_\_

Emergency Contact Number \_\_\_\_\_

Carroll Occupational Health

Patient: \_\_\_\_\_ Company: \_\_\_\_\_ Date of Service: \_\_\_\_\_  
Patient ID: \_\_\_\_\_ Contact: \_\_\_\_\_  
Birthdate: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ Form: F-AUDIO Page 1

Audio History Form

Department: \_\_\_\_\_ Shift: \_\_\_\_\_ Job Title: \_\_\_\_\_

Sex: \_\_\_ Male \_\_\_ Female

Type of Test: (Circle one) PREPLACEMENT BASELINE (Initial) ANNUAL  
RETEST TERMINATION OTHER

Have you been exposed to noise within the last 14 hours?  
[ ] Yes [ ] No

Explain: \_\_\_\_\_  
How do you rate your hearing?  
[ ] Unknown [ ] Very poor [ ] Average [ ] Good [ ] Very good  
Hearing Protection, Do you wear while at work?  
[ ] Not used [ ] Seldom Used [ ] Used sometimes  
[ ] 1/2 time [ ] Usually used [ ] Always used  
If yes, what type of hearing protection do you wear?  
[ ] Earplugs [ ] Earmuffs [ ] Both  
Brand? \_\_\_\_\_

MEDICAL HISTORY (Check the correct answer)

- |  |                |  |                |
|--|----------------|--|----------------|
| 10. Ear pain                             | [ ] Yes [ ] No | 25. Scarlet Fever                            | [ ] Yes [ ] No |
| 11. Draining Ear                         | [ ] Yes [ ] No | 26. Measles                                  | [ ] Yes [ ] No |
| 12. Dizziness/imbalance                  | [ ] Yes [ ] No | 27. Meningitis                               | [ ] Yes [ ] No |
| 13. Severe ringing                       | [ ] Yes [ ] No | 28. Diabetes                                 | [ ] Yes [ ] No |
| 14. Sudden hearing loss                  | [ ] Yes [ ] No | 29. Kidney disease                           | [ ] Yes [ ] No |
| 15. Fluctuating hearing loss             | [ ] Yes [ ] No | 30. Visible wax/object                       | [ ] Yes [ ] No |
| 16. Fullness/discomfort                  | [ ] Yes [ ] No | 31. Allergies                                | [ ] Yes [ ] No |
| 17. History of prior disease/ear problem | [ ] Yes [ ] No | 32. Family hearing loss                      | [ ] Yes [ ] No |
| 18. Recent prescription drugs            | [ ] Yes [ ] No | 33. High noise exposure today                | [ ] Yes [ ] No |
| 19. High blood pressure                  | [ ] Yes [ ] No | 34. History of prior ear disease before test | [ ] Yes [ ] No |
| 20. See MD for ears                      | [ ] Yes [ ] No | 35. Head cold today                          | [ ] Yes [ ] No |
| 21. Ear surgery                          | [ ] Yes [ ] No | 36. Military service                         | [ ] Yes [ ] No |
| 22. Unconsciousness                      | [ ] Yes [ ] No | 37. Noisy hobbies                            | [ ] Yes [ ] No |
| 23. Wear hearing aid                     | [ ] Yes [ ] No | 38. Loud music/headphones                    | [ ] Yes [ ] No |
| 24. Mumps                                | [ ] Yes [ ] No | 39. Firearms/guns                            | [ ] Yes [ ] No |

Explain any 'Yes' responses: \_\_\_\_\_

MEDICATIONS (Past & Present) (Please check appropriate boxes.)

- [ ] Aspirin, Bufferin, Excedrin (more than 6/day)  
[ ] Neomycin [ ] Streptomycin [ ] Gentamycin [ ] Quinine

Explain any checked answers: \_\_\_\_\_

Employee Signature \_\_\_\_\_ Date \_\_\_\_\_

OTOSCOPIC EXAM:  
Right: [ ] Normal [ ] Abnormal \_\_\_\_\_ Examiners Initials \_\_\_\_\_  
Left: [ ] Normal [ ] Abnormal \_\_\_\_\_ Examiners Initials \_\_\_\_\_  
f-audio

Carroll Occupational Health

Patient: \_\_\_\_\_ Company: \_\_\_\_\_ Date of Service: \_\_\_\_\_

Patient ID: \_\_\_\_\_ Contact: \_\_\_\_\_

Birthdate: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_

Form: F-HXCOMP

Medical History-Comprehensive

Allergies: Latex: \_\_\_ Yes \_\_\_ No

Medication Allergies: \_\_\_\_\_

Other Allergies: \_\_\_\_\_

Last Tetanus booster: \_\_\_\_\_

Current Medications: \_\_\_\_\_

Current Physician: \_\_\_\_\_

Medical Illnesses - check all that apply:

- \_\_\_ High Blood Pressure \_\_\_ Heart Disease
\_\_\_ Lung Disease \_\_\_ Kidney Disease
\_\_\_ Diabetes \_\_\_ Anemia
\_\_\_ Seizures \_\_\_ Cancer
\_\_\_ Stomach or Bowel Disorders: \_\_\_\_\_
\_\_\_ Sleep Apnea
\_\_\_ Fractures & Joint Injuries: \_\_\_\_\_
\_\_\_ Other: \_\_\_\_\_
Surgeries: \_\_\_\_\_

Social History - Check all that apply :

- \_\_\_ Tobacco use \_\_\_ Cigarettes: \_\_\_ packs/day \_\_\_ years
\_\_\_ Cigars: \_\_\_ per day \_\_\_ years
\_\_\_ Pipe: \_\_\_ years
\_\_\_ Chew/Snuff: \_\_\_ years
\_\_\_ Alcohol use \_\_\_ Drinks per week

Place an X in the box if you have any of the conditions below now or in the past:
(Caregivers: please comment on positive responses):

Vision (Vision)

- \_\_\_ 1. Do you use glasses?: Heart/Vascular
\_\_\_ For reading Do you have:
\_\_\_ For distant vision \_\_\_ 16. Chest pain on effort
\_\_\_ Contacts \_\_\_ 17. High blood pressure
\_\_\_ 2. Are you color blind? \_\_\_ 18. Shortness of breath
\_\_\_ 19. Swelling of ankles
\_\_\_ 20. Heart murmur
3. Do you have: Have you had:
\_\_\_ Retinal disease \_\_\_ 21. Heart attack
\_\_\_ Cataracts \_\_\_ 22. Stroke
\_\_\_ Glaucoma \_\_\_ 23. Rheumatic fever
\_\_\_ 4. Do you use eye medicine? \_\_\_ 24. Heart failure
\_\_\_ 5. Have you had eye surgery? \_\_\_ 25. Heart surgery/Stent/Pacemaker
\_\_\_ 6. Have you had laser exposure?

Hearing

- Do you have
\_\_\_ 7. Difficulty hearing
\_\_\_ 8. Ear disease
\_\_\_ 9. Ringing in the ears
\_\_\_ 10. Abnormal hearing test
\_\_\_ 11. Do you use a hearing aid?
\_\_\_ 12. Have you had ear surgery?

Respiratory

- Do you have:
\_\_\_ 26. Chronic cough
\_\_\_ 27. Asthma
\_\_\_ 28. Bronchitis
\_\_\_ 29. Hay fever
\_\_\_ 30. Emphysema/COPD
Have you had:

Patient: \_\_\_\_\_

Company: \_\_\_\_\_

Date of Service: \_\_\_\_\_

Patient ID: \_\_\_\_\_

Contact: \_\_\_\_\_

Birthdate: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_

Form: F-HXCOMP

**Medical History-Comprehensive**

- 13. Ruptured ear drum?
- 14. Exposure to gunfire?
- 15. Wear hearing protection?

- 31. Tuberculosis
- 32. Lung cancer
- 33. Lung surgery
- 34. Silicosis
- 35. Asbestos
- 36. Black lung

Liver or Gastrointestinal  
Do you have or have you had:

- 37. Hepatitis
- 38. Cirrhosis
- 39. Jaundice
- 40. Frequent indigestion
- 41. Ulcer disease
- 42. Colitis
- 43. Other intestinal problems
- 44. Do you have a hernia?
- 45. Have you had hernia surgery?

Blood, Endocrine  
Have you had:

- 63. Anemia
- 64. Bleeding problems
- 65. Hormone problems
- 66. Diabetes
- 67. Thyroid problem

Genitourinary:  
Do you or have you had:

- 46. Kidney trouble
- 47. Bladder trouble
- 48. Kidney stones

Musculoskeletal:  
Do you or have you had:

- 68. Back trouble
- 69. Disc problems/surgery
- 70. Shoulder problems/surgery
- 71. Arm problems/surgery
- 72. Wrist problems/surgery
- 73. Hand problems/surgery
- 74. Hip problems/surgery
- 75. Leg problems/surgery
- 76. Knee problems/surgery
- 77. Ankle problems/surgery
- 78. Foot problems/surgery
- 79. Broken bones
- 80. Numbness, tingling, and/or pain in hands or arms

Skin:

- 49. Do you have eczema?
- 50. Do you have psoriasis?
- 51. Any other skin conditions

Neurologic

- 52. Tremors
- 53. Dizzy spells
- 54. Convulsions
- 56. Nerve damage
- 57. Serious head injury
- 58. Brain surgery
- 59. Nervous breakdown

Communicable Diseases:  
Have you had:

- 81. Chicken pox
- 82. Measles
- 83. German Measles
- 84. Mumps
- 85. Hepatitis A
- 86. Hepatitis B
- 87. Hepatitis C

Are you taking medication for:

- 60. Anxiety or depression
- 61. Epilepsy
- 62. Parkinson's disease

Please list all prior jobs:  
Company Name: \_\_\_\_\_

Dates Employed: \_\_\_\_\_

Job Description: \_\_\_\_\_

_____	_____	_____
_____	_____	_____
_____	_____	_____

Circle any of the following processes and/or jobs done in the past:

Carroll Occupational Health

Patient: \_\_\_\_\_ Company: \_\_\_\_\_ Date of Service: \_\_\_\_\_  
 Patient ID: \_\_\_\_\_ Contact: \_\_\_\_\_  
 Birthdate: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ Form: F-HXCOMP Page 3

**Medical History-Comprehensive**

Processes:      abrasive blasting                      acid/alkali treatment  
                   degreasing                                      electroplating  
                   foundry    forging  
                   painting     welding  
                   grinding or metal machining

Industries:    flour, feed or grain                      cotton processing  
                   rubber    insulation  
                   quarry work                                  construction  
                   farming     petroleum  
                   shipyards

Circle any of the following substances to which you have had regular exposure in the workplace:

Fumes or dusts:  
     silica                                      coal                                      asbestos                                      talc  
     fiberglass                                  cotton dust                                  sawdust  
     other: \_\_\_\_\_

Solvents:  
     benzene                                      carbon                                      tetrachloride                                      trichloroethylene  
     naptha    xylene    other : \_\_\_\_\_

Chemicals or gases :  
     ammonia                                      formaldehyde                                      hydrogen sulfide  
     cyanide    sulfur dioxide                                      chromium  
     mercury    lead    cadmium  
     nickel    other: \_\_\_\_\_

Miscellaneous:  
     radiation                                      insecticides/herbicides  
     cutting oils                                      motor exhaust  
     noise

Have you ever needed medical care for exposure to any of the above?  
 \_\_\_ Yes      \_\_\_ No

Type of problem: Skin: \_\_\_\_\_ Lungs: \_\_\_\_\_ Other: \_\_\_\_\_

Carroll Occupational Health

Patient: \_\_\_\_\_

Company: \_\_\_\_\_

Date of Service: \_\_\_\_\_

Patient ID: \_\_\_\_\_

Contact: \_\_\_\_\_

Birthdate: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_

Form: F-HXCOMP

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**Medical History-Comprehensive**

Work related injuries and illnesses:

Year: Injury and treatment:

Time off work:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Yes

No

Explain if yes

Have you ever applied for worker's compensation or disability payments for any injury or illness which developed on the job? Explain:

\_\_\_\_\_

\_\_\_\_\_

Are you currently being treated by a doctor for a work related injury or illness? Explain:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Employee Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Reviewed By

\_\_\_\_\_  
Date

f-hxcomp

Patient: \_\_\_\_\_ Company: \_\_\_\_\_ Date of Service: \_\_\_\_\_  
 Patient ID: \_\_\_\_\_ Contact: \_\_\_\_\_  
 Birthdate: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ Form: F-RESHXM Page 1

**RESPIRATOR QUESTIONNAIRE**

OSHA Mandatory Respirator Medical Evaluation Questionnaire  
 29 CFR 1910.134

Can you read:  yes  no  
 Your employer must allow you to answer the questionnaire during normal working hours, or at a time that is convenient to you. To maintain your confidentiality, your employer or supervisor must not look at or review your answers, and your employer must tell you how to deliver or send this questionnaire to the health care professional who will review it.

Part A Section 1 (Mandatory). The following information must be provided by every employee who has been selected to use any type of respirator.

- Please Print
- 1. Today's Date: \_\_\_/\_\_\_/\_\_\_
  - 2. Your Name: \_\_\_\_\_
  - 3. Your Age: \_\_\_\_\_
  - 4. Your Job Title: FIREFIGHTER AND/OR EMT  
\_\_\_/\_\_\_/\_\_\_
  - 5. Your Date of Birth: \_\_\_\_\_
  - 6. Sex  Male  Female
  - 7. Your Height: \_\_\_ feet \_\_\_ inches
  - 8. Your Weight: \_\_\_ lbs.
  - 9. Phone # where you can be reached to discuss your answers: (\_\_\_\_\_) \_\_\_\_\_

- 10. The best time to call you at this number:  
 \_\_\_\_\_  a.m.  p.m.
- 11. Has your employer told you how to contact the health care professional who will review this questionnaire?  yes  no
- 12. Check the type of respirator you will use. (You can check more than one category)  
 a. N,R, or P disposable respirator (filter-mask, non-cartridge type only).  
 b. Other type (for example, half- or full-facepiece type, powered-air purifying supplied air, self-contained breathing apparatus).  yes  no
- 13. Have you worn a respirator?  yes  no  
 If yes, what type(s):  
 OPEN CIRCUIT SCBA  
 -----

Part A Section 2. (Mandatory) Questions 1 through 9 below must be answered by every employee who has been selected to use any type of respirator.

- 1. Do you currently smoke tobacco, or have you smoked tobacco in the last month?  yes  no
- 2. Have you ever had any of the following conditions?  
  - a. Seizures (fits)  yes  no
  - b. Diabetes (sugar disease):  yes  no
  - c. Trouble smelling odors:  yes  no
  - d. Claustrophobia (fear of closed-in places)  yes  no
  - e. Allergic reaction that interfere with your breathing?  yes  no
- 3. Have you ever had any of the following pulmonary or lung problems?  
  - a. Asbestosis  yes  no
  - b. Asthma  yes  no
  - c. Chronic bronchitis  yes  no
  - d. Emphysema  yes  no
  - e. Pneumonia  yes  no
  - f. Tuberculosis  yes  no
  - g. Silicosis  yes  no



Patient: \_\_\_\_\_ Company: \_\_\_\_\_ Date of Service: \_\_\_\_\_  
 Patient ID: \_\_\_\_\_ Contact: \_\_\_\_\_  
 Birthdate: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ Form: F-RESHXM Page 2

**RESPIRATOR QUESTIONNAIRE**

- h. Pneumothorax (collapsed lung)  yes  no
- i. Lung cancer  yes  no
- j. Broken ribs  yes  no
- k. Any chest injuries or surgeries  yes  no
- l. Any other lung problem you've been told about  yes  no

4. Do you currently have any of the following symptoms of pulmonary or lung illness?
- a. Shortness of breath:  yes  no
  - b. Shortness of breath when walking fast on level ground or walking up a slight hill  yes  no
  - or incline:
  - c. Shortness of breath when walking with other people at an ordinary pace on level ground:  yes  no
  - d. Have to stop for breath when walking at your own pace on level ground:  yes  no
  - e. Shortness of breath when washing or dressing yourself:  yes  no
  - f. Shortness of breath that interferes with your job:  yes  no
  - g. Coughing that produces phlegm (thick sputum):  yes  no
  - h. Coughing that wakes you early in the morning:  yes  no
  - i. Coughing that occurs mostly when you are lying down:  yes  no
  - j. Coughing up blood in the last month:  yes  no
  - k. Wheezing:  yes  no
  - l. Wheezing that interferes with your job:  yes  no
  - m. Chest pain when you breathe deeply:  yes  no
  - n. Any other symptoms that you think may be related to lung problems:  yes  no
5. Have you ever had any of the following cardiovascular or heart problems?
- a. Heart attack:  yes  no
  - b. Stroke  yes  no
  - c. Angina  yes  no
  - d. Swelling in your legs and feet (not caused by walking)  yes  no
  - e. Heart Failure  yes  no
  - f. Heart arrhythmia (irregular heart beat)  yes  no
  - g. High blood pressure  yes  no
  - h. Any other heart problem that you've been told about:  yes  no
6. Have you ever had any of the following cardiovascular or heart symptoms?
- a. Frequent pain or tightness in the chest:  yes  no
  - b. Pain or tightness in your chest during physical activity:  yes  no
  - c. Pain or tightness in your chest that interferes with your job:  yes  no
  - d. In the past two years, have you noticed your heart skipping or missing a beat:  yes  no
  - e. Heartburn or indigestion that is not related to eating:  yes  no
  - f. Any symptoms that you think may be related to heart or circulation problems:  yes  no
7. Do you currently take medication for any of the following problems?
- a. Breathing problems  yes  no
  - b. Heart trouble  yes  no
  - c. Blood Pressure  yes  no
  - d. Seizures (fits)  yes  no
8. If you've used a respirator, have you ever had any of the following problems?  
 (if you've never used a respirator, check the following box and go to question 9.  Never Used

Patient: \_\_\_\_\_ Company: \_\_\_\_\_ Date of Service: \_\_\_\_\_  
 Patient ID: \_\_\_\_\_ Contact: \_\_\_\_\_  
 Birthdate: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ Form: F-RESHXM Page 3

**RESPIRATOR QUESTIONNAIRE**

- a. Eye Irritation:  yes  no
- b. Skin allergies or rashes:  yes  no
- c. Anxiety  yes  no
- d. General weakness or fatigue:  yes  no
- e. Any other problem that interferes with your use of a respirator:  yes  no

9. Would you like to talk to the health care professional who will review this questionnaire about your answers to this questionnaire:  yes  no

Questions 10 to 15 below must be answered by every employee who has been selected to use either a full-facepiece respirator or a self-contained breathing apparatus (SCBA). For employees who have been selected to use other types of respirators, answering these questions is voluntary.

- 10. Have you ever lost vision in either eye (temporarily or permanently):  yes  no
- 11. Do you currently have any of the following vision problems:
  - a. Wear contact lenses:  yes  no
  - b. Wear glasses:  yes  no
  - c. Color blind:  yes  no
  - d. Any other eye or vision problem:  yes  no
- 12. Have you ever had an injury to you ears, including a broken eardrum:  yes  no
- 13. Do you currently have any of the following hearing problems?
  - a. Difficulty hearing:  yes  no
  - b. Wear a hearing aid:  yes  no
  - c. Any other hearing or ear problem:  yes  no
- 14. Have you ever had a back injury:
- 15. Do you currently have any of the following musculoskeletal problems?
  - a. Weakness in any of your arms, hands, legs or feet:  yes  no
  - b. Back pain  yes  no
  - c. Difficulty fully moving you arms & legs:  yes  no
  - d. Pain or stiffness when you lean forward or backward at the waist:  yes  no
  - e. Difficulty fully moving your head up or down:  yes  no
  - f. Difficulty fully moving your head side to side:  yes  no
  - g. Difficulty bending at your knees:  yes  no
  - h. Difficulty squatting to the ground:  yes  no
  - i. Climbing a flight of stairs or a ladder carrying more than 25 lbs.:  yes  no
  - j. Any other muscle or skeletal problem that interferes with using a respirator:  yes  no

**Part B**

Any of the following questions, and other questions not listed, may be added to the questionnaire at the discretion of the health care professional who will review the questionnaire.

1. In your present job, are you working at high altitudes (over 5,000 ft) or in a place that has lower than normal amounts of oxygen:  yes  no  
 If 'yes' do you have feelings of dizziness, shortness of breath, pounding in your chest, or other symptoms when you're working under these conditions:  yes  no

Patient: \_\_\_\_\_ Company: \_\_\_\_\_ Date of Service: \_\_\_\_\_  
 Patient ID: \_\_\_\_\_ Contact: \_\_\_\_\_  
 Birthdate: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ Form: F-RESHXM Page 4

**RESPIRATOR QUESTIONNAIRE**

2. At work or at home, have you ever been exposed to hazardous solvents, hazardous airborne chemicals (e.g., gases, fumes, or dust), or have you come into skin contact with hazardous chemicals: [ ] yes [ ] no  
 If 'yes' name the chemicals if you know them:

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3. Have you ever worked with any of the materials, or under any of the conditions listed below:

a. Asbestos:	[ ] yes	[ ] no
b. Silica:	[ ] yes	[ ] no
c. Tungsten/Cobalt:	[ ] yes	[ ] no
d. Beryllium:	[ ] yes	[ ] no
e. Aluminum:	[ ] yes	[ ] no
f. Coal:	[ ] yes	[ ] no
g. Iron:	[ ] yes	[ ] no
h. Tin:	[ ] yes	[ ] no
i. Dusty environments:	[ ] yes	[ ] no
j. Any other hazardous exposures:	[ ] yes	[ ] no

If 'yes' describe the exposure:

4. List any second jobs or side businesses you have:

5. List your previous occupations:

6. List your current & previous hobbies:

7. Have you been in the military service? [ ] yes [ ] no  
 If 'yes' describe these exposures:

Patient: \_\_\_\_\_ Company: \_\_\_\_\_ Date of Service: \_\_\_\_\_  
 Patient ID: \_\_\_\_\_ Contact: \_\_\_\_\_  
 Birthdate: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ Form: F-RESHXM Page 5

**RESPIRATOR QUESTIONNAIRE**

8. Have you ever worked on a HAZMAT team?  yes  no

9. Other than the medications for breathing and lung problems, heart trouble, blood pressure, and seizures mentioned earlier in this questionnaire, are you taking any other medications for any reason (including over-the-counter medications):  yes  no

If 'yes' name the medications if you know them:

10. Will you be using any of the following items with your respirator(s)?

a. HEPA Filters	<input type="checkbox"/> yes	<input type="checkbox"/> no
b. Canisters (e.g. gas masks)	<input type="checkbox"/> yes	<input type="checkbox"/> no
c. Cartridges	<input type="checkbox"/> yes	<input type="checkbox"/> no

11. How often are you expected to use the respirator:

a. Escape only; no rescue	<input type="checkbox"/> yes	<input type="checkbox"/> no
b. Emergency rescue only	<input type="checkbox"/> yes	<input type="checkbox"/> no
c. Less than 5 hours per week	<input type="checkbox"/> yes	<input type="checkbox"/> no
d. Less than 2 hours per day	<input type="checkbox"/> yes	<input type="checkbox"/> no
e. 2 to 4 hours per day	<input type="checkbox"/> yes	<input type="checkbox"/> no
f. Over 4 hours per day	<input type="checkbox"/> yes	<input type="checkbox"/> no

12. During the period you are using the respirator(s), is your work effort:

a. Light (less than 200 kcal per hour):	<input type="checkbox"/> yes	<input type="checkbox"/> no
---	------------------------------	-----------------------------

If 'yes', how long does this period last during the average shift  
 \_\_\_\_\_ hours \_\_\_\_\_ minutes  
 Examples of a light work effort are sitting while writing, typing, drafting,

or performing light assembly work; or standing while operating a drill press (1-3 lbs.) or controlling machines.

b. Moderate (200 to 350 kcal per hour)	<input type="checkbox"/> yes	<input type="checkbox"/> no
--	------------------------------	-----------------------------

If 'yes', how long does this period last during the average shift  
 \_\_\_\_\_ hours \_\_\_\_\_ minutes

Examples of moderate work effort are sitting while nailing or filing, driving a truck or bus in urban traffic; standing while drilling, nailing, performing assembly work, or transferring a moderate load (about 35 lbs.) at trunk level; walking on a level surface about 2 mph or down a 5-degree grade about 3 mph; or pushing a wheelbarrow with a heavy load (about 100 lbs.) on a level surface.

c. Heavy (above 350 kcal per hour):	<input type="checkbox"/> yes	<input type="checkbox"/> no
-------------------------------------	------------------------------	-----------------------------

If 'yes', how long does this period last during the average shift  
 VARIABLE hours \_\_\_\_\_ minutes

Examples of heavy work are lifting a heavy load (about 50 lbs.) from the floor to

Patient: \_\_\_\_\_ Company: \_\_\_\_\_ Date of Service: \_\_\_\_\_  
Patient ID: \_\_\_\_\_ Contact: \_\_\_\_\_  
Birthdate: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_ Form: F-FRESHXM Page 6

RESPIRATOR QUESTIONNAIRE

your waist or shoulder; working on a loading dock; shoveling; standing while  
bricklaying or chipping castings; walking up an 8-degree grade about 2 mph;  
climbing  
stairs with a heavy load (about 50 lbs.)

13. Will you be wearing protective clothing and/or equipment (other than the  
respirator) when you're using the respirator: [ ] yes [ ] no  
If 'yes' describe this protective clothing and/or equipment:  
STRUCTURAL FIREFIGHTING TURNOUT GEAR

14. Will you be working under hot conditions (temperature exceeding 77 degrees F)  
[ ] yes [ ] no

15. Will you be working under humid conditions: [ ] yes [ ] no  
POSSIBLE

16. Describe the work you'll be doing while you're using your respirator(s):  
INTERIOR STRUCTURAL FIREFIGHTING

17. Describe any special or hazardous conditions you might encounter when you're  
using your respirator(s) (e.g., confined spaces, life-threatening gases):  
HAZARDS ASSOCIATED WITH INTERIOR STRUCTURAL FIREFIGHTING

18. Provide the following information, if you know it, for each toxic substance that  
you'll be exposed to when you're using your respirator(s)  
Name of toxic substance - #1: SPECIFIC SUBSTANCES UNKNOWN OR  
Estimated maximum exposure level per shift: VARIABLE BY SITUATION  
Duration of exposure per shift:

-----  
Name of toxic substance - #2:  
Estimated maximum exposure level per shift:  
Duration of exposure per shift:

-----  
Name of toxic substance - #3:  
Estimated maximum exposure level per shift:  
Duration of exposure per shift:  
-----

Carroll Occupational Health

Patient: \_\_\_\_\_ Company: \_\_\_\_\_ Date of Service: \_\_\_\_\_  
Patient ID: \_\_\_\_\_ Contact: \_\_\_\_\_  
Birthdate: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_ Form: F-RESHXM Page 7

**RESPIRATOR QUESTIONNAIRE**

Name of toxic substance - #4  
Estimated maximum exposure level per shift:  
Duration of exposure per shift:

19. Describe any special responsibilities you'll have while using your respirator(s) that may affect the safety and well being of others (e.g. rescue, security)  
WILL WORK AS PART OF A FIREFIGHTING TEAM; MAY EFFECT RESCUE OPERATIONS

\_\_\_\_\_  
Employee Signature Date

OSHA Mandatory Respirator Medical Evaluation Questionnaire Reviewed by:

\_\_\_\_\_  
PLHCP Signature Date  
f-reshtm